

Senior Nutritionist Role at Melos

“Melos” stems from the Greek word “member” which reflects our obsession with building the ideal ecosystem for our community of members to thrive in.

We take a holistic approach in helping our members achieve better nourishment and improve their health-span, including *health-coaching/expert-consultations/advanced diagnostics/ fitness wearables/ prescription nutrition meal delivery /Stealth-monitoring/wellness concierge/MDT specialist referrals.*

Melos launched in 2020 as the evolution of a decade-long practice with thousands of success stories and unparalleled health-journey insight.

Our hybrid model for preventative care, has allowed us to grow our community of members to over **ten** different cities across the world. We are now looking for exceptional nutritionists and dietitians to join us in our mission to help thousands around the world live healthier lives.

The role: Senior Nutritionist.

We’re looking for an experienced registered nutritionist/dietitian to join our fast-growing team. The successful candidate will have to demonstrate a deep understanding of the nutritional science landscape and the ability to weave it seamlessly into our member-protocols. Aside from managing members directly, you will have the opportunity to work across all departments from our members-managers to the Chefs, product, marketing and participate in MDT’s with our partners.

What a day could look like:

- ✦ Communicate with your own cohort of members (chat/full review consultations).
- ✦ Prepare materials and update protocols post-consultations.
- ✦ Liaise with our partner laboratory to order the appropriate lab tests.
- ✦ Communicate with our Chef team to coordinate our nutrition-prescription meals (triage: Body composition -taste profile-member goals).
- ✦ Participate in MDT handovers.
- ✦ Work closely with the Members Manager to organise the follow on member support.
- ✦ Work often with the CEO on strategy and product.
- ✦ Update our recipe bank to match the member's taste pallet.
- ✦ Update our personalised Melos protocols following a lit. review/an exciting RCT that has been published.

The important details:

- ✦ This is a full-time role.
- ✦ 70% remote to begin with which will evolve to 50-50 after a year.
- ✦ Our clinic space is located in central London, W1G area.
- ✦ We offer a wrap-around service which means that some evening/weekend cover will be required.
- ✦ Applicants must be based in the UK and have the right to work in the UK (unfortunately, we cannot sponsor at this time).
- ✦ *Please only apply if you are eligible for registration as a Registered Dietitian or with the Association for Nutrition. You do not need to hold a valid registration currently, but you will be required to register upon offer.*
- ✦ Start date is February 3rd, 2025.

Minimum Requirements:

- ✚ BSc in nutrition/dietetics.
- ✚ HCPC or AfN registration — RD /RNutr.
- ✚ At least 3+ years of experience in nutrition consulting with clients/digital health service.
- ✚ Proven experience in delivering health interventions digitally.
- ✚ Excellent organisational skills and time management skills; ability to thrive in a fast-paced environment.
- ✚ Confident relationship-builder with strong written and verbal communication skills.
- ✚ Demonstrable experience of taking ownership of individual tasks and responsibilities, working effectively as part of a collaborative team.
- ✚ Comfortable taking initiative and demonstrating a proactive approach to problem-solving.
- ✚ Tech-savvy: MS Office, Nutritics, Zoom, Google Docs.

Good to have:

- MSc or PhD in nutritional science
- Experience with working closely with the exec team/CEO in a previous role.
- Experience with designing client journeys outside of the UK (MENA, US, S.Asia, Europe).
- Professional experience in using behaviour change techniques (NLP and CBT models) to support improvement in health and wellbeing.
- Active role in research (part-time/contract).

Benefits

- ❖ Competitive salary: £35-45K, based on experience with end of year generous performance bonus.
- ❖ 70% remote so you can work with flexibility from home most days.
- ❖ Perks: New work laptop/ phone, paid travel abroad, Comp membership at Central London health club with library (online and physical), lounge access and countless CPD opportunities.
- ❖ £1K annual well-care package: Comp Whoop Band, Comprehensive Diagnostics.
- ❖ £1,5K per annum towards continuous professional development (CPD) of choice.
- ❖ The opportunity to work with a remarkably diverse cohort of clients from every corner of the world and have a personal, direct and meaningful impact on their health and wellbeing.

EQUAL EMPLOYMENT OPPORTUNITY

Melos is an Equal Opportunities Employer. We are committed to equal employment opportunities regardless of gender and gender reassignment, age, disability, race, religion or belief, sex and sexual orientation, pregnancy and maternity, marriage and civil partnership. We base all our employment decisions on merit, job requirements and business needs. This applies to all decisions related to hiring, training, remuneration, promotion and discipline.

We believe that a diverse and inclusive workforce is essential to our success. We are committed to creating an environment where everyone feels welcomed, valued and respected, regardless of their background, identity or beliefs. We believe that Inclusion, Diversity, Equity and Accessibility (IDEA) is essential to our ability to offer the best possible health outcomes to our patients and customers.